

Best Wishes on Your Pregnancy!

Healthy Pregnancy Program

As a member of the United HealthCare Plan, the Healthy Pregnancy Program is available to you at no cost. Once enrolled, you have easy access to a maternity nurse who can help you:

- ❖ Get answers to any questions you have about what you're experiencing
- Choose a doctor or nurse midwife
- Find a pediatrician or other specialist
- Understand your health benefits and costs
- Receive the support you need to feel your best - physically and emotionally - before your baby is born

How to Enroll:

Enrolling is easy. Simply phone the number below to speak with a nurse. In the call you will be asked questions regarding your pregnancy and will learn about resources available to you and your family.

Of course, all your private health information is confidential. But, CBIZ will be notified once you have enrolled so we can send a gift – just for the mom to be! It's that simple!

More information is available to you at: http://www.healthy-pregnancy.com





After enrolling, you will earn 30% toward your medical insurance discount through Rally. Visit <u>www.myUHC.com</u> for more details!

Enroll today

Why wait? Get the most from the personalized attention and educational materials starting today.

You can enroll up through the end of your pregnancy.

To Enroll:

Call 1-888-246-7389* toll-free Monday – Friday 8 a.m. to 8 p.m. CST

For more information visit: www.healthy-pregnancy.com

Enroll for these benefits

- Toll-free access to experienced nurses
- Identification of your risks and individual needs
- Pregnancy and childbirth education materials and resources
- Access to Online Healthy Pregnancy Owner's Manual

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

Administrative services provided by United HealthCare Services, Inc. or their affiliates.